

### CLIENT QUESTIONNAIRE

Name: \_\_\_\_\_  
(Last) (First) (Middle Initial)

Name of parent/guardian (if minor under 18 years):

\_\_\_\_\_  
(Last) (First) (Middle Initial)

Birth Date: \_\_\_\_/\_\_\_\_/\_\_\_\_ Age: \_\_\_\_\_ Gender: \_\_\_\_\_

Race/Country of Origin: \_\_\_\_\_

Highest Education Level Achieved: \_\_\_\_\_

Marital Status/ Please circle:  
Never Married Married Separated Divorced Widowed Other

Please list any children/age: \_\_\_\_\_  
\_\_\_\_\_

Address: \_\_\_\_\_  
(Street and Number)

\_\_\_\_\_  
(City) (State) (Zip)

Home Phone: ( ) May I leave a message? Y N

Cell Phone: ( ) May I leave a message? Y N

Email: \_\_\_\_\_ May I email you? Y N

*\*Please note: Email correspondence is not considered to be confidential*

Referred by (if any): \_\_\_\_\_

Please list your current physicians: \_\_\_\_\_  
\_\_\_\_\_

**Emergency Contact:** \_\_\_\_\_  
(Name/Relationship) (Phone)

Are you currently taking any prescription medications?

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Have you previously received any type of mental health treatment?

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### GENERAL HEALTH AND MENTAL HEALTH INFORMATION

How would you rate your current physical health? (please circle)  
Poor    Unsatisfactory            Satisfactory            Good            Very Good

Medical Issues: \_\_\_\_\_

Please circle any specific symptoms you are currently experiencing:

- |                              |                  |                     |
|------------------------------|------------------|---------------------|
| Victim of abuse/neglect      | Panic            | Alcohol use         |
| Grief/loss                   | Self harm        | Illicit drug use    |
| Loss of enjoyment            | Mood swings      | Excessive guilt     |
| Irritability                 | Compulsivity     | Relationship issues |
| Isolation                    | Weight gain/loss | Over-reactive       |
| Fatigue                      | Poor body image  | Difficulty trusting |
| Thoughts/attempts of suicide | Paranoia         | Fear of rejection   |
| Poor concentration           | Hearing voices   | Temper outbursts    |
| Excessive worry              | Disorientation   | Hyperactivity       |
| Legal concerns               | Medical issues   | Work issues         |

What significant life changes or stressful events have you experienced recently?

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### FAMILY MENTAL HEALTH HISTORY

In the section below please identify if there is a family history of any of the following. If yes, please indicate the family member's relationship:

	Please Circle		List Family Member
Alcohol/Substance Abuse	yes	no	
Anxiety	yes	no	
Depression	yes	no	
Domestic Violence	yes	no	
Eating Disorders	yes	no	
Obsessive Compulsive Behavior	yes	no	
Schizophrenia	yes	no	
Suicide Attempts	yes	no	

### ADDITIONAL INFORMATION:

What is your employment situation? \_\_\_\_\_  
\_\_\_\_\_

What do you consider to be some of your strengths? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

What do you consider to be some of your weaknesses?  
\_\_\_\_\_  
\_\_\_\_\_

What would you like to accomplish in therapy? \_\_\_\_\_  
\_\_\_\_\_

Client Signature

Date